Service helps keep us sober

I'm still new to the program - how can I possibly do any service?

- Arrive early, help set up, or greet others
- Share and suggest literature
- Offer to be a timekeeper or do a reading
- Encourage outreach and share meeting list
- Share phone number of The Inspiration Line and Inspiration Story Line
- Suggest or join in fellowship after a meeting

DO YOU REMEMBER YOUR FIRST MEETING?
Something that helps you can also help someone else!

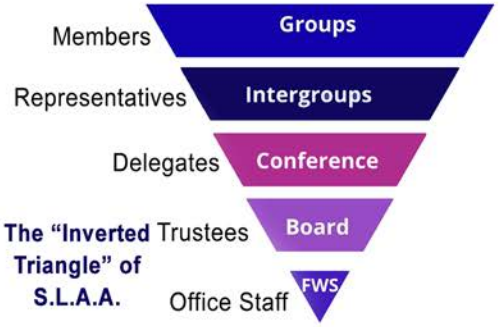
Service and Responsibility in S.L.A.A.

Groups - Any two or more individuals can form an S.L.A.A. group if they have no other affiliation.

Intergroups - These are formed by S.L.A.A. groups that choose to affiliate by region or by type. Intergroups support the individual meetings by relaying information between Fellowship-Wide Services and the intergroup's meetings, holding events, creating fliers, maintaining an informative website. S.L.A.A. groups may elect representatives to form an intergroup (or act as their own intergroup). S.L.A.A. delegates are elected to represent their intergroup and participate in the Annual Business Conference.

Annual Business Conference and Meeting (ABC/M) - The Annual Business Conference is the once-a-year event at which S.L.A.A. members and other members of our service structure conduct the Annual Business Meeting. Conference Service Committees support the work of the ABC and usually meet monthly by phone or video to provide ongoing examination of many areas of the fellowship. For example, some Conference committees are: *theJournal*, Sponsorship, Literature, Healthy Relationships, Anorexia, and Finance, and include more than a dozen other areas of the fellowship. Visit http://slaafws.org/conference online for more information.

Fellowship-Wide Services (FWS) - FWS is overseen by a nine member Board of Trustees and is responsible for performing duties and legal requirements as assigned, and to help S.L.A.A. as a whole achieve its primary purpose - to carry the message to the sex and love addict who still suffers. Staff are appointed and managed by the Board and are responsible for the day-to-day operations of Literature production and distribution, and maintaining the FWS website. FWS is responsible for assisting the Annual Business Conference and oversees the Conference Committees with the Board of Trustees.



The "Inverted Triangle" of S.L.A.A.

Strengthen Your Recovery
Become a Super Service Star

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S.L.A.A., Fellowship-Wide Services, Inc.

Remove your sunglasses and try service beyond the meeting and meet others like YOU!

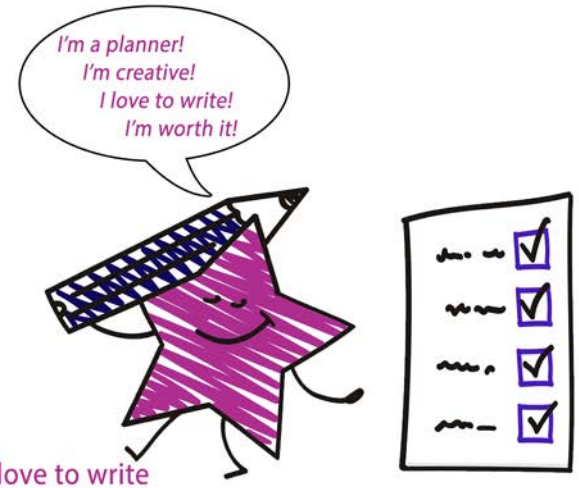
What is an Intergroup?

An Intergroup is an assembly of representatives from area S.L.A.A. groups whose purpose is to provide information and outreach to those seeking help with sex and love addiction. Intergroups often meet on a monthly basis.

Things I can do for intergroup...

- Assist with updating meeting lists
- Assist with planning, organizing, and outreach for intergroup events
- Assist with fliers and handouts used in meetings
- Assist with the website and offer suggestions

ASK A FRIEND TO HELP YOU FIND YOUR NEARBY INTERGROUP



I love to write

Be heard! Share your writing if your local Intergroup offers a newsletter. Submit a poem or story to *the Journal*, our bi-monthly "meeting in print" magazine focusing on recovery and related issues.

Welcoming unity and diversity

You are worth it! Consider joining the Conference Diversity Committee, which is devoted to fostering an inclusive environment within our Fellowship. This committee's work ensures that there is a safe space for the full diversity that exists in the Fellowship.

I'm a planner

Plan to go out to eat before or after a meeting for fellowship. Stay on a virtual or phone meeting to chat with others. Help plan a picnic, retreat, or event. Creating fellowship helps build confidence and teaches us how to interact in a healthy way with others.

There are more than a dozen Conference Committees. Check out **www.slaafws.org/conference** to see how YOU can be of service.

Be of service at your meeting

Chair and facilitate

Chair the meeting using the format provided by your group. Be of service by showing up and sharing.

Sponsor and support

A sponsor is someone who gives individual support and guidance in applying the S.L.A.A. Twelve-Step program of recovery to our lives. Recovery and outreach partners call each other for support and help with emotional intimacy.

Offer to share your story

Share your story of experience, strength, and hope at a speaker meeting.

Manage literature

Keep inventory and update the contact person to reorder the many recovery tools our fellowship offers to help us stay sober.

Become treasurer

Help with Seventh-Tradition collections, assist with literature orders and with allocating contributions.

How do I become a Super Service Star to strengthen my recovery?