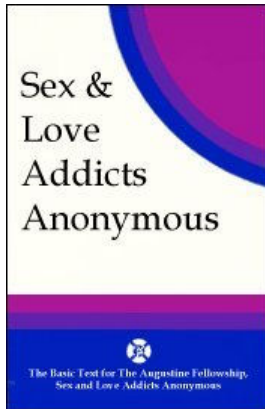


SLAA LITERATURE

Information from www.slaafws.org – On Line Store

Email: literature.person@slaa.org.au, or call; 0428970480 for Australian orders



Code: **BO-001 S.L.A.A. Basic Text** **\$30.00**

An explanation of how Sex & Love Addicts Anonymous came to be. Includes the history and personal stories from members of the program. Softbound book, 6" x 9", 280 pages.

Also available in plain covered text..

Pamphlets

Code: **PAM-001 An Introduction to SLAA (Blue)** **\$1.60**

What is S.L.A.A.? Learn more about the organisation and the addiction.

Code: **PAM-002 40 Questions for Self-Diagnosis (Pink)** **\$1.60**

The questions that may help you determine whether your sexual activity and emotional behavior may be suspect.

Code: **PAM-003 Suggestions for Newcomers (Orange)** **\$1.60**

Defining bottom lines ... attending meetings ... read the suggestions S.L.A.A. gives new members.

Code: **PAM-004 Questions Beginners Ask (Purple)** **\$1.60**

What's a slip? What's withdrawal? Will I ever have sex and love again? Get the answers.

Code: **PAM-005 Sponsorship: A Return from Isolation** **\$1.60**

Incorporate the experience of others in your own life through sponsorship and experience a broader view of life and recovery.

Code: **PAM-006 Addiction & Recovery (Turquoise)** **\$1.60**

Characteristics of Sex and Love Addiction and the Signs of Recovery.

Code: **PAM-007 Anorexia: Sexual, Social, Emotional (Brown)** **\$1.60**

What is anorexia and its different varieties? Review our checklist and decide whether you may be anorectic.

Code: **PAM-008 Withdrawal: Gateway to Freedom, Hope, & Joy** **\$1.60**

The symptoms of withdrawal and tools and slogans that may help if you are experiencing discomfort in withdrawal from sex and love addiction.

Code: **PAM-009 Welcome (Pale Blue)** **\$1.60**

What happens at meetings? Follow the guidelines that may help support you in your recovery. Also learn the S.L.A.A. "lingo".

Code: **PAM-010 Pocket Toolkit** **\$2.00**

Take recovery with you wherever you go. This wallet-sized pamphlet includes a place to write contact names, phone numbers, and email addresses -- the basics to hold a meeting wherever you are and tools to keep you sober when alone!

Code: **PAM-016 Renewal of Sobriety** **\$1.60**

A worksheet for S.L.A.A. members who have had a "slip" or those who are struggling to maintain their Bottom Lines. This pamphlet includes workbook-style sections for a consequences inventory, getting back on track, and a short-term plan.

Topic-Oriented Booklets

Code: **JOUR003-01 Anorexia Booklet** **\$8.00**

Articles focusing on anorexia from back-issues of the Journal that have been compiled into a convenient, bound booklet. 23 articles in 52 pages.

Code: **JOUR003-02 Withdrawal Booklet** **\$8.00**

How do others overcome the withdrawal in their recovery? How do you change your addictive patterns and take things one day at a time? The Withdrawal Booklet is a compilation of stories from *The First Ten Years of the Journal*, 20 stories in 52 pages.

Code: **JOUR003-03 Healthy Relationships Booklet** **\$8.00**

How will I ever be in a healthy relationship again? The Healthy Relationships Booklet is a compilation of 21 stories in 52 pages from *The First Ten Years of the Journal*.

Code: **JOUR003-004 Twelve Steps Booklet** **\$8.00**

How do others work the Steps? Represented in these articles are different sexual orientations, bottomlines, and geographical locations of S.L.A.A. members working the 12 Steps.

Journal Books

Code: **BO-005A The First Ten Years of the Journal: Volume One** **\$20.00**

Code: **BO-005B The First Ten Years of the Journal: Volume Two** **\$20.00**

Code: **BO-005C The First Ten Years of the Journal: Volume 3** **\$20.00**

Not normally in Aus stock, allow 4-6 weeks for delivery

Audio Books

Code: **TB-001 Basic Text on Audio Cassette** **\$65.00**

With approximately 1,000 minutes of both male and female readers, the Basic Text in compact disc format is great to listen to when on the road, at home, or traveling (16 tapes).

Code: **CDB-001 Basic Text on Compact Disc** **\$100.00**

(16 Cd's)

Not normally in Aus stock, allow 4-6 weeks for delivery

STARTER KITS

We Have Kits to Help Get Meetings Started!

Start your own meeting! Each Basic Kit includes meeting formats, group registration/meeting change forms, a 7th Tradition fact sheet, the Literature & Merchandise catalog, one issue of *the Journal*, the latest copy of F.W.S. News, and three pamphlets.

Code: **ST-001-B Regular Group Starter Kit** **\$10.00**

Code: **ST-002-B Intergroup Starter Kit** **\$10.00**

Code: **ST-003-B Anorexia Starter Kit** **\$10.00**

Not normally in Aus stock, allow 4-6 weeks for delivery

FREE PAMPHLETS

Important Notice:

Please limit the quantities of our free pamphlets to two copies of each pamphlet.

Code: **PAM-012 Twelve Recommended Guidelines for Dealing with Media**

Code: **PAM-013 Supporting SLAA the 60/40 Way**

Code: **PAM-014 Addicted to Sex? Addicted to Love?**

Code: **PAM-015 For the Professional: Information About S.L.A.A.**

Chips and Medallions

Plastic- welcome, day & month milestone increments. \$1.50
Plastic chips contain the SLAA logo and the inscription "You are not alone"

1 DAY- White	2 MONTHS-Orange	9 MONTHS- Purple
1 WEEK- Red	3 MONTHS- Green	WELCOME- Silver
1 MONTH- Yellow	6 MONTHS- Blue	STEP 1- White

Bronze-Yearly milestones \$8.00
Bronze medallions contain the SLAA logo and the inscription; "You are not alone"

1 YEAR, 2 YEARS, 3 YEARS, 4 YEARS, 5 YEARS (up to 20 years !!)

BANNERS

We have heaps of these in stock.

Steps	\$40.00
Traditions	\$40.00
Serenity Prayer	\$25.00
Slogans	\$35.00

Compact Discs

Code: **CDSP01-001 Sobriety \$10.00** *Also on Cassette Tape*

Roger R. tells us that his reasons for addiction are: need for approval and need to prove his masculinity. He tells how going to a meeting allowed him the opportunity to be with himself and to have contact with others. He gave his wife a commitment letter as a Christmas present. Sam A. uses the meetings and service to maintain sobriety. Sponsorship has allowed him to blossom in his sobriety and says it's hard to act out while praying or talking to another group member. "Coincidence" is his Higher Power's way of getting to him. Deb W., a long-time member, tells a humorous, captivating story of how she came into the program after exhibiting stalking, obsessive and suicidal behavior towards her fiancé. She tells how she was able to overcome this through recovery and sobriety, and has learned that she just has to take care of herself, as no one else will.

Code: **CDSP01-002 Sponsorship \$10.00**

Sam talks about how recovery is dependent upon doing what we are uncomfortable doing. Sponsorship is a way for him to give back to the program some of what he has gained. He discusses how he sponsors, including the four things he asks of his sponsees: 1) frequent contact/getting together weekly 2) to work the Steps 3) self-assessment and chart the progress and 4) to bring honesty to the meetings. Paula recalls how she spent a year in meetings without getting a sponsor because she was too afraid. Once she accepted, "I can't - God can - I think I'll let Him," her recovery flourished. Darryl talks about sponsorship from the view of the sponsee. He expresses that his willingness to accept a sponsor is a willingness to accept the First Step. He thought that a sponsor was going to tell him to "stop this, that, and the other—right now." Yet Darryl's sponsor did not do that—the sponsor admitted that he had a hard time early on in his recovery. Darryl shares this different and positive experience with his sponsees, asking them to be available and work the Steps, and reminding them that recovery is difficult.

Code: **CDSP01-003 Steps \$10.00**

Robin says that for her, she learned that the Steps work if you work them. The Steps provide structure and a framework so she doesn't have to work in ambiguity. She also shares that, in her experience, the Steps need to be done slowly, thoroughly, and with a lot of love.

Kenn's concept is, "There are only Twelve Steps, how hard can it be? There is no elevator here, you need to take the Steps." He shares how working the Steps has strengthened his recovery and sobriety.

Code: **CDSP01-004 Service [DOUBLE CD] \$12.00**

Dave talks about how service has broadened his horizons and increased the number of people he can talk to about sex and love addiction. He shares how he has a deeper relationship with his Higher Power and other people, and a

deeper sense of self-esteem through the work he performs. Alison shares her experiences in doing service. She believes that service is one of the most underrated tools of recovery and believes doing service has given her herself. Wayne discusses how he has grown immensely from helping other people through service. He shares that Higher Power will take care of the outcome if we take care of the process. Service lets us own the program. He does service to stay sober and he stays sober to do service. Andrew talks about how service is vital for him, because it keeps him connected with people in the program, and allows him to see appropriate behavior modeled. He also tells of his experience of how service gives him the opportunity to face his fears and allows him a second chance to heal.

Code: **CDSP01-005 Spirituality [DOUBLE CD] \$12.00**

Ellen is a grateful recovering sex and love addict and anorectic. An incest survivor who came from a family of sex and love addicts, Ellen shares the story of her road to spirituality. She says that for her it was about the 2nd Step—she came, she came to, and finally came to believe in a Power Greater than herself. Barry shares his story of how he came from no religion or belief in identifying a Higher Power and at his sponsor's suggestion, found a unique way to create a Higher Power. Gaelen shares her story of her path to spirituality. She talks about how she discovered that she didn't have to "fire" her Higher Power but instead rediscover her earlier relationship.

Code: **CDSP01-006 Banquet with Jenny \$10.00**

Humorous and heart-wrenching...The personal story of the formation of an addictive identity within a dysfunctional family. Details the road to recovery and the pivotal role a sponsor can play.

Code: **CDSP03-009 Higher Power's Design \$10.00**

Jack talks about growing up in a chaotic family and living in a group home. His mom married an abusive man, and his twin brother left him for drugs and alcohol at the age of 15. He grew to lead a double life, hiding his addiction to masturbation, pornography and voyeurism. In recovery he has found a way out, and married a woman also in recovery. His sobriety changes as his bottom line changes, and he realizes he will never be perfect.

Cristina grew up with an emotionally abusive, alcoholic father. She started dating at a young age, and found men like her father. After a brief marriage she threw herself into parenting a little girl alone, and found S.L.A.A. and other fellowships. She has been able to serve as a Board member for the past year and is grateful for this opportunity. She is thankful to carry the message abroad, to her homeland, Italy.

Code: **CDSP03-008 A Marriage Made in Recovery \$10.00**

Kim and Dianne: a wonderful account of a healthy, "recovery" relationship. They met in another Twelve-Step program (A.A.) and it was all uphill from there! As they worked on their sobriety individually, and then together as a couple, in S.L.A.A. they learned about healthy love, intimacy, and what commitment really meant. A wonderful and inspiring story for anyone interested in learning the meaning of healthy relationships.

Code: **CDSP03-001 God's Gallery of Fine Art \$10.00**

Paul shares about his upbringing in an emotionally abusive family, which led him to years of acting out and the destruction of his medical career due to inappropriate sexual relations with his patients. Through many years of recovery in S.L.A.A., Paul rejoices in the grace and guidance of Higher Power and the fellowship within the program.

Code: **CDSP03-004 First & Second Stage Coupleship \$10.00**

How do you create a healthy relationship when you've never SEEN one? It began for this couple as a list of what they didn't want in the relationship. Stan and Cheryl listed and discussed their fears. They practiced compromising in such a way that they would both be winners. They worked on identifying feelings and practicing a set of "rules" that they created together. Stan and Cheryl share their growth as individuals and as a couple; bottom lines; the "mathematics" of relationships; and a wonderful "who's on first?" analogy of priorities.

Code: **CDSP03-007 Sobriety: The Path to Inner Peace \$10.00**

How do you define "sobriety?" What does it mean to you? Ken discusses growth in sobriety, including bottom lines and recognizing your own triggers. There is an opportunity for the listener to write about their own triggers along with the suggestions from the audience members. [There are references made by the leader to non-S.L.A.A. terms or tools from other 12-Step programs during this workshop, but listeners may find the information helpful in defining their own bottom line behaviors.]

Code: **CDSP03-005 An Easier, Softer Way \$10.00**

Rob and Bob present the Fourth Step Inventory as it is written in the Alcoholics Anonymous "Big Book." Who am I resentful at? What is the cause of this resentment? Where and how was I selfish, dishonest, self-seeking and afraid? How can I turn this around to see my own part in this? A great introduction to the "A.A. Big Book Step Study" process applied to sex and love addiction.